



TJ's Cafe Menu - November 2009

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2) American Faire: Steak Burger Chicken Burger</p> <p>Main Line: Chicken Patty with Cheesy Potatoes</p> <p>Healthy Bite: Chef Salad Veggie Salad Turkey Deli</p>	<p>3) American Faire: Steak Burger Chicken Burger</p> <p>Main Line: Pasta Shells with Meat Sauce</p> <p>Healthy Bite: Chef Salad Veggie Salad Deli Wraps</p>	<p>4) American Faire: Steak Burger Chicken Burger</p> <p>Main Line: Teriyaki Chicken Burger</p> <p>Healthy Bite: Chef Salad Veggie Salad Specialty Salad Ham Deli</p>	<p>5) American Faire: Steak Burger Chicken Burger</p> <p>Main Line: PIZZA, PIZZA</p> <p>Healthy Bite: Chef Salad Veggie Salad Super Sub</p>	<p>6) American Faire: Steak Burger Chicken Burger</p> <p>Main Line: Deli Sandwich</p> <p>Healthy Bite: Chef Salad Veggie Salad Cook's Choice Deli</p>
<p>9) American Faire: Steak Burger Chicken Burger</p> <p>Main Line: Teriyaki Chicken Patty</p> <p>Healthy Bite: Chef Salad Veggie Salad Turkey Deli</p>	<p>10) American Faire: Steak Burger Chicken Burger</p> <p>Main Line: Meaty Nachos</p> <p>Healthy Bite: Chef Salad Veggie Salad Deli Wrap</p>	<p>11) VETERAN'S DAY</p> <p>NO SCHOOL</p>	<p>12) American Faire: Steak Burger Chicken Burger</p> <p>Main Line: Chicken Nuggets</p> <p>Healthy Bite: Chef Salad Veggie Salad Super Sub</p>	<p>13) American Faire: Steak Burger Chicken Burger</p> <p>Main Line: Hot Dog on a Bun</p> <p>Healthy Bite: Chef Salad Veggie Salad Cook's Choice Deli</p>
<p>16) American Faire: Steak Burger Chicken Burger</p> <p>Main Line: Teriyaki Beef Dippers</p> <p>Healthy Bite: Chef Salad Veggie Salad Turkey Deli</p>	<p>17) American Faire: Steak Burger Chicken Burger</p> <p>Main Line: Chicken Tenders</p> <p>Healthy Bite: Chef Salad Veggie Salad Deli Wrap</p>	<p>18) American Faire: Steak Burger Chicken Burger</p> <p>Main Line: Corn dog</p> <p>Healthy Bite: Chef Salad Veggie Salad Specialty Salad Ham Deli</p>	<p>19) TURKEY GRAVY Mashed Potatoes Harvest Vegetables Multi-Grain Roll Fruit Medley Pumpkin Tart Milk</p>	<p>20) American Faire: Steak Burger Chicken Burger</p> <p>Main Line: Pizza Pocket</p> <p>Healthy Bite: Chef Salad Veggie Salad Cook's Choice Deli</p>
<p>23) American Faire: Steak Burger Chicken Burger</p> <p>Main Line: Mozzi Cheese Sticks</p> <p>Healthy Bite: Chef Salad Veggie Salad Deli Sandwich</p>	<p>24) American Faire: Steak Burger Chicken Burger</p> <p>Main Line: Teriyaki Chicken Burger</p> <p>Healthy Bite: Chef Salad Veggie Salad Deli Wrap</p>	<p>25) NO SCHOOL</p>	<p>26) NO SCHOOL</p>	<p>27) NO SCHOOL</p>



SCHOOL BREAKFAST AND LUNCH INFORMATION

*Breakfast is served daily before school, and can be purchased for \$1.05. A daily lunch or salad bar may be purchased for \$2.05.

*Just a reminder, every child that has a reduced lunch ticket can get a *Free breakfast*

*Free or reduced-price meals are available for students whose families meet federal income guidelines. Free & reduced-price meal applications are available in the main office.